

Rachel Goldstein, MD

Current Position:

Children's Hospital Los Angeles

Medical School & Graduation Year:

Mount Sinai School of Medicine, MD, MPH 2007

Orthopaedic Residency and Fellowship Training:

NYU Hospital for Joint Disease, Orthopedic Resident
(2007-2012)

Children's Hospital Los Angeles, Pediatric Orthopedic
Fellowship (2012-13)

Boston Children's Hospital, Hip Preservation Fellowship
(2013-14)



What attracted your interest to IPSG?

Perthes disease is a fascinating topic. From the beginning of my career, I did not have the "right" answer for every child I saw with Perthes. The IPSG provided me with an opportunity to discuss complex cases with my colleagues from around the world and contribute to improving our current knowledge and treatment. The collaborative nature of the IPSG fosters creativity and teamwork in treating a complex hip disorder.

What would you say is the most challenging part of treating Perthes Disease?

Over 100 years after the disease was first described, we still do not know the best way to treat Perthes. Most orthopedic problems have a clear algorithm for treatment. They may be complex to apply, but there is a solution. With Perthes, there are so many possible answers. And no one solution works every time for every patient.

What would you like to see accomplished through annual IPSG meetings?

I would like to see collaboration and inventiveness that eventually leads to improved diagnosis and treatment for children with Perthes.

Read more about Dr. Goldstein here!

